



Rising 10U Tryouts

The rising 10U Express are looking to fill 1 or 2 spots for their upcoming Fall 2025/Spring 2026 season.

Tuesday, July 22nd & Thursday, July 31st

**6pm @ Forest Hill Recreation Center, Field 1
21 Rock Spring Church Road, Forest Hill, MD 21050**

Must be registered to attend. To register, please send an email to Coach Chris (christophercviel@yahoo.com) with the following information:

Name, Date of Birth (born on or after May 1, 2015), Spring Team (2025), Position(s), Email and Phone.